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# 101 Things That You Are: Getting Back To The Basics Of Self-Love



## Synopsis

87% of Women feel that 80% of the time they are completely burnt out and just can't function anymore. You tirelessly navigate others' lives so that they can know how much they mean to you. You constantly go out of your way to ensure others' comforts and ease their pains. You know that time is of the essence to complete the endless lists of things you choose to do. You do all these things, not out of a sense of obligation, but out of a sense of joy. BUT...Sometimes, it can be too much. Sometimes you need to turn that TLC radar beam on high and point it directly at your own soul. READ THIS "LITTLE TREASURE" DAILY AND FIND YOURSELF REFUELLED, ENERGIZED, INSPIRED AND MOTIVATED. Take time to enjoy the simple moments, because they will last forever.

## Book Information

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## Customer Reviews

Introduction: 101 Things That YOU ARE! Every day we all need to be reminded that we are important and that we matter to not only the world we live in, but to those closest to us. Unfortunately too many times we forget to give ourselves the same courtesy and treatment we give others. After all, our job is to influence others, help them be all they are meant to be, equip them with their emotional needs, give guidance to our family, special people in our life, friends and others we come into contact with. We are to juggle multiple schedules, create a loving environment and become all we are meant to be. We are to educate ourselves and others in so many specialized areas. As a result we tend to read from, listen to, and chat with mentors who help to make this transition a bit

easier -but it never seems to be enough. We wear many hats, it is true, but we tend to lose the hat that says "love thyself!" So I take this time to acknowledge YOU. You who always does for others without asking for anything in return. I have this to say, YOU ARE....

Kathleen D. Mailer is affectionately known around the world as the "International Business Evangelist". As a #1 Best Selling Author of over 46 books, she is dedicated and determined to HELP CHRISTIANS become SUCCESSFUL PUBLISHED AUTHORS. In her words, "You better believe there is POWER in your TESTIMONY!" She accomplishes this through both her world-famous Boot Camp, "A Book Is Never A Book" (ABookIsNeverABook.com) and through her new on-line mentorship programs coming soon to: ChristianAuthorsGetPaid.com. She is also Publisher of the International Magazine - Today's Businesswoman Magazine (#1 Resource for Christian Women in Business); which brings quality, affordable mentorship for the businesswoman who is looking to achieve entrepreneurial success, God's way. Kathleen passionately believes that her business is her ministry. That contagious fire is evident on every platform she speaks. It doesn't matter if it's on a stage in the business world; from a pulpit in front of a church; pouring out in leadership conferences; or sitting in your living room - taking care of God's Family Business is her TOP priority. With this in mind, she and her husband Dan have made it their mission to eradicate poverty in the nations, one business person at a time. To invite Kathleen to speak to your: group, organization, church, or for your event: @KathleenMailer, fb: KathleenDMailer - PUBLIC FIGURE, li: Kathleen Mailer w: KathleenMailer.com, em: getbooked@shaw.ca Partial list of her best-selling books: Prepare To Prosper, Taking Your Business To A Higher Level; Walking In Your Destiny, Moving Through The Fear, and COMING SOON, Walking in the Wake of the Holy Spirit-Living An Ordinary Life With An Extra-ordinary God!

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